

AUTUMN 2019

# INTOUCH

*with* CINNAMON



## Grand Opening

Rivermeade Court opens its doors.

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## Christmas Cake Competition

Let your baking skills shine.

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## Sprinkle of Cinnamon

Making residents' dreams come true.

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CINNAMON  
LUXURY CARE

## MOVING UP

**Gemma Ridout-Bowden** will move from Abbotswood Court in the New Year to become General Manager of Mornington Court, our new home in New Milton.

**Lea Wintle**, previously Deputy Manager, takes up his first General Manager role at Abbotswood Court in November 2019.

**Mwaya Siwale**, Trainee General Manager at Rectory Court, will become General Manager at Rokewood Court in Kenley in November 2019. The home is due to open in early 2019.



Gareth Jones

**Gareth Jones**, Kitchen Assistant at Hartwood House, recently completed his NVQ Level 2 in Food Preparation & Cooking. Gareth was delighted to become a Trainee Chef under the tutelage of Head Chef **Dan Bree**.

At Netley Court, **Laura Price** completed her Deputy Manager NVQ Level 5. **Kirsty Johnson** and **Joanne Richardson** completed their Care Assistant NVQ Level 3 and Level 2 respectively.

*Congratulations  
to them all!*

Apologies to Management Accountants Judith Walker and Susana Diaz-Moreno whose photos in the last issue of *In Touch With Cinnamon* were wrongly attributed to each other.

## MOVING IN



**Sue Hill**

**General Manager, Wellington Vale**

Sue has a passion for good quality care and giving residents the best life possible. She has been managing care homes for many years, initially as a General Manager for Barchester Healthcare and then as a Commissioning Manager. She went on to become a Commissioning Manager for Care UK and, subsequently, Castle Meadow Care in Norwich. Sue joins Cinnamon Care Collection from KRG Healthcare where she held a trouble-shooting managerial role.



**Denise Kilfoil**

**Accounts Payable Supervisor, Support Office**

Denise, who hails from South Africa, recently joined the Finance team from Walgreens Boots Alliance Services Ltd where she specialised in the accounts payable function as well as process improvement. Denise has worked in accounting and finance for more than 15 years. She holds a bachelor's degree in accounting and is currently studying for her AAT (Association of Accounting Technicians) qualification.



**Ian Restall**

**Regional Sales Manager, Support Office**

Ian started out working for a London property firm and went on to run his own property business for ten years. He subsequently worked for a well-respected care provider for 11 years. Ian was drawn to Cinnamon Care Collection because of our company's ethos and commitment to the service of our residents. He is delighted to meet so many dedicated individuals and excited about the future.



**Toby Speller**

**Regional Sales Manager, Support Office**

Toby joined Sunrise Senior Living in 2008 after a career in recruitment and commercial real estate. He joins Cinnamon Care Collection from a premium care provider operating in and around the home counties. Prior to that he held a regional role for a national care provider commissioning their new homes. Toby is looking forward to supporting Cinnamon's existing and new homes.



**Linda Sutton**

**Training Administrator, Support Office**

Linda joins Cinnamon Care Collection from the National Fostering Agency where she was Learning and Development Co-ordinator for more than five years. Her role involved using online training systems, arranging courses for foster carers, updating records and assisting the training teams. Prior to that, Linda spent 14 years at Legoland Windsor in various administrative and training roles, including overseeing educational workshops for school groups and staff induction. Linda will oversee Cinnamon's new Learning Management System (LMS) and be responsible for planning and overseeing training for all the homes in conjunction with General Managers and Heads of Departments.

## He's so sweet

Steve Green, Senior Kitchen Assistant at Abbotswood Court, has completed his NVQ Level 3 in Patisserie & Confectionery. Developing advanced technical skills has given his colleagues even more reason to hang around the kitchen after mealtimes although, funnily enough, there is never any leftover dessert. Well done, Steve. Your colleagues are looking forward to seeing – and tasting – the results of your hard work!



## WEDDING BELLE

Felicitations to **Krystyna Bosko**, General Manager at Earlsfield Court, on her recent marriage to Jack Holeczek in Poland. Krystyna was overwhelmed by all the kind messages from her colleagues and sends her thanks to everyone for their good wishes.



## GRAND OPENING

**Professor Martin Green, Chief Executive of Care England, joined General Manager Libby Barrett for the grand opening of Rivermede Court in Egham last month.** "I am delighted to be here at the start of a wonderful journey that will be so good for people in Egham," he said. More than 50 guests attended and took a tour of the new home. They included Councillor Gill and other members of the local community.

### Golden milestone event

A 'golden shovel' event took place at Earlsfield Court in Bexhill-on-Sea, East Sussex, at the end of September to mark the completion of the external building works. Earlsfield Court is due to open in early 2020.

Sandy Hamblin, Home Admissions Advisor, and Scott Quinn, Procurement Manager from Icon Design & Build construction firm, celebrated this milestone by using a golden shovel to plant olive trees at the front of the building.

### New information

The Information Centre for Rokewood Court, Cinnamon Care Collection's new £7.9 million luxury care home in Kenley, is now open. Jackie Cridlin, Home Admissions Advisor, said, "We hope that people will visit our Information Centre in Purley to find out more and are very much looking forward to opening our beautiful new care home in Kenley early next year."



## OUTSTANDING RESULTS

Burcot Grange was delighted to be rated Outstanding in its Care Quality

Commission (CQC) report recently. The team achieved Outstanding in the categories of Caring, Responsive and Well Led and Good in the category Safe & Effective.

Emerson Grange also received high praise, achieving Good in every category in the home's first CQC inspection. Congratulations to both homes.

# 101 THINGS TO DO

Calling all Activities Co-ordinators. Here are some resources to help you provide an excellent activities programme in your home.



**The Activity Year Book:** A Week by Week Guide for Use in Elderly Day and Residential Care by Anni Bowden and Nancy Lewthwaite. Available at amazon.co.uk.

**NAPA** (National Activity Providers Association) – see napa-activities.co.uk for membership and training. Training events are listed under Services and there are a host of free downloadable tools on the Membership page. Membership benefits include:

- A voice to promote activity provision within the care sector.
- Quarterly *Living Life* magazine with *Things to Do* pull-out.
- Advice and information.

- Discounted QCF courses, bespoke training, NAPA conferences, consultancy and audits.
- Password protected members only section full of ideas, articles and special offers including discounted products and services.
- Specialist publications.
- The annual NAPA Challenge.
- NAPA Facebook and social media connections.
- NAPA News – a weekly email.
- Use of the NAPA members logo on our company website.

**Golden Carers** at [www.goldencarers.com](http://www.goldencarers.com) provides new activities, ideas, articles and resources every week. Annual membership is £39.95

## INSPIRING LEARNING

Cinnamon Care Collection will be using Altura Learning's online Learning Management System as a bridge for all of our future education and training.

### How to login to Altura LMS

All current team members should have received a link with a temporary log in password. Learners will need to change this password once they have accessed the system. If you have forgotten your password, go to:



## FAST TRACK TO SUCCESS

The first training sessions for Team Leaders and Senior Carers were held in September 2019 and received glowing feedback.

Further sessions on Building the Team are due to be held from 21st to 23rd January 2020 inclusive and will include:

- ✓ The dynamics of a successful team
- ✓ Groups versus teams
- ✓ How a team develops
- ✓ Working styles
- ✓ Using the strengths of the team
- ✓ Teamwork exercises

**Altura  
LMS**



[cinnamoncare-acc.bridgeapp.com](http://cinnamoncare-acc.bridgeapp.com). You will be taken straight to the log in page where there is a 'Forgot your password?' option. A new page will open for where you can input your User Name – this is your email address. You will then receive an email with a temporary login which you must change on access.

# CHRISTMAS CAKE COMPETITION

Christmas isn't the same without cakes. Now it's your turn to continue the tradition that's been 500 years in the baking!



This Cinnamon Care Collection challenges you this Christmas to create a cake that's fit for Three Kings. The only limits are your imagination and ingredients, so don your apron, pop on some carols and let your baking skills shine.

## Top prizes for top cakes

There are two categories – Resident and Chef. Homes may enter both categories.

### Resident prize

- ★ £200 of high street vouchers for activities.
- ★ Prosecco to celebrate (enough for every resident in the home)
- ★ Chocolates

### Chef prize

- ★ £200 of Bidfood Catering Equipment Vouchers

- ★ A case of prosecco to celebrate with your team
- ★ Chocolates

### How to enter

- 1 State the category of your entry: Resident or Chef.
- 2 Submit two high resolution images only per entry category. The file size should be 1-2MB.
  - a) A picture of the finished cake.
  - b) A picture of the chef or residents making the cake.
- 3 For the resident entry, please tell us briefly how the theme was chosen, what memories it evoked, how the ingredients and recipe were chosen and how residents were involved.
- 4 Email your entries to [rob.burcher@cinnamoncc.com](mailto:rob.burcher@cinnamoncc.com) by Friday 17th December 2019.



Last year's winner

### Competition rules

- The cakes will be judged on the most creative and imaginative design.
- In the Resident category, residents must participate in the planning, making and decoration of the cake.
- The cakes must be made and decorated in the home.
- The competition is open to residents and employees of The Cinnamon Care Collection.
- The judges' decision is final and no correspondence will be entered into.
- All entries must be received by Friday 17th December 2019.





# You make the difference

This award recognises Cinnamon team members who inspire others through consistently demonstrating their determination to be the difference in the lives of our residents and their families.

**Each quarterly winner receives a £100 gift voucher.**

**Each finalist will receive a £250 gift voucher.** They will also be invited to the special awards lunch next year where the two national winners for Care and non-Care will be announced.

**Annual prize: You Make The Difference Award Trophy and a £500 gift voucher.**

## The winners for the second quarter are...



**Amanda Thorne**

*Receptionist/Administrator,  
Abbotswood Court*

Amanda is always willing to help and provides excellent support to our residents and her colleagues. She goes out of her way to spend time with residents and develop her relationship with them. No wonder she is so well-liked.



**Debbie Reeves**

*Care Assistant,  
Bucot Lodge*

Debbie was nominated for paying particular attention to new residents, making sure they settle into their new surroundings and feel welcomed and at home. She always takes time to get to know them and their individual likes, dislikes and needs.



**Kerol Morris**

*Care Assistant – Nights,  
Bucot Grange*

Nothing is ever too much trouble for Kerol. She helps out wherever she can, covering additional shifts if required to ensure that our home continues to run smoothly. She will even stay over on the morning after her night shift to ensure our residents' care is delivered and they all have the support they need. Kerol is always willing to help out at Burcot Lodge, our sister home, as well. She really does do things the Burcot way.



**John Silvey**

*Senior Care Assistant –  
Nights,  
Cedar Mews*

John has a calm and collected attitude. He advocates both for the residents in his care and the team members he supports, ensuring well cared-for residents and a happy united team. He is a Cedar Mews star and is very much appreciated by everyone in the home.



### Star Grant

*Receptionist/Administrator,  
Emerson Grange*

Like her namesake, Star really shines brightly. She is always willing to go the extra mile for residents and team members, frequently helps out in other

departments and gets on extremely well with her colleagues, our residents and their relatives.



### Danny Carter

*Head of Maintenance  
& Housekeeping,  
Netley Court*

Everyone knows when Danny is around because they can hear his jovial banter. He has a natural, caring way with residents and infinite

patience. He can always manage to make people smile, has great relationships with his colleagues and residents cannot speak highly enough of him.



### Alycia Bullen

*Activities Co-ordinator,  
Hartwood House*

Alycia started out at Hartwood House as a Carer before transferring to the Housekeeping team and later becoming an Activities Co-ordinator, so she has in-depth understanding

of each of these departments. While Minstead was being refurbished, Alycia rolled her sleeves up and got to work. No job was too great and her bright smile cheered up her colleagues and our residents during a very busy time.



### Zahia Khaldi

*Care Assistant,  
Rectory Court*

Zahia is not only quick and eager to learn, she is also passionate about her work and takes a thorough approach. Her calm and reassuring nature has a

positive impact on the occupants of our home, especially through the emotional support she gives them.



### Md Nasir Uddin

*Care Assistant – Nights,  
Leah Lodge*

Md has had a positive impact on our residents' lives. Through his patience and gentle approach, he persuaded one resident to eat who could not do

so during the day. Md also spent a long time with an unsettled lady, supporting and chatting to her until she felt relaxed enough to go to bed whereupon she slept very well. He knows how best to engage residents in activities which work for them and make them feel special.



### Josie Kelly-Hiscott

*Care Assistant,  
Sunnybank House*

The nomination cards from relatives of residents described Josie as "attentive, always smiling, cheerful and caring". She is empathetic and skilled at recognising what someone needs; one person commented, "I never have to ask for something to be done when Josie is here."



### Gemma White

*Hostess,  
Wellington Vale*

Gemma is such a happy soul and makes our residents smile. She has thrown herself into her new role and residents say she is making a positive difference to their mealtimes.



# ROARING TWENTIES BIRTHDAY BASH

To celebrate their first birthday at the start of September, Emerson Park & Grange went back to the Roaring Twenties with a dazzling Gatsby-themed party to rival those of Jay Gatsby himself.



Team members, dressed as glamorous flapper girls and Al Capone-style gangsters, mingled with their guests who sipped champagne and enjoyed a sumptuous buffet courtesy of the Catering team.

In her opening remarks, guest of honour Dr Merilyn Canet, The Deputy Chairman of Sevenoaks Council, highlighted the need for quality care homes such as Emerson Grange. She praised the leadership of General Manager Paul Hart who has inspired his helpful team to create a cheerful, welcoming care home that is a great benefit to the local community.

Residents Margaret Saunders, Sylvia Newton and Yvonne Wilson had the honour of cutting the birthday cake.

Saxophonist Jeremy Huggett made his Emerson debut to much applause. Music and laughter spilled through the summer night as the partygoers danced to popular melodies of the era sung by local chanteuse Kelly Pepper.

"Our first year is just a blur," said Paul Hart. "My outstanding team has risen to the challenge and achieved Good in all categories in our first CQC inspection. We have established a reputation not only for the quality of our care but also our innovative approach to resident well-being and engagement. The best is yet to come!"



# SPRINKLE of CINNAMON

Sprinkle of Cinnamon is a way of doing something special to create a memorable day for our residents. Since the initiative was introduced at the end of last year, Activities Co-ordinators have made their residents' wishes to come true.

## Family wish comes true...

The family of Jean Ambler, a resident at Leah Lodge, were very keen for her to attend a family wedding but recognised it might be a long and tiring day. The wedding was in Hayling Island near Chichester, 80 miles away from Leah Lodge in London, and all of her family were travelling down the day before. The Leah Lodge team planned how to make the family's wish come true not only for Jean but for Aby and Ed, the bride and groom.

On the big day, the Care team gave Jean some pre-wedding pampering in the home's hair and

beauty salon. She looked stunning as she headed off in a taxi to join her family at the celebrations, accompanied by her glamorous companion, Care Assistant Hedvika Pavluchova.

The sun shone for the bride and groom and there were lots of smiles, laughter and happy memories made. Jean and Hedvika returned to Leah Lodge very tired but contented after their big day out. "When I asked how her day had gone, Jean gave me a big smile and said it was perfect. I was so happy to be part of it," said Hedvika.



Jean and Hedvika



Pampering before the big day

A PERFECT DAY



# SENTIMENTAL JOURNEY

Eileen lives with dementia and has often spoken to her carers at Abbotswood Court about the days when she used to catch the bus into Shirley, a shopping area in the west of Southampton.

They noticed how she watched the buses passing her window, longing to make her special journey once again. With the help of the bus company Stagecoach in Hampshire, Activities Co-ordinator Lorraine Brennan arranged for Eileen and her friends to take a special trip down memory lane on board a vintage open-top bus

built in 1964. As the bus trundled around Romsey with the rain spitting through its steamed-up sliding windows, memories of earlier journeys came flooding back to Eileen.

"We enjoy many magical moments with our residents," said Lorraine, "but this was extra special because we knew how much it meant to Eileen. To see this wonderful vintage bus reversing into our car park and the happy passengers' faces made everyone at Abbotswood feel so proud."



## GOING TO THE ZOO

**At Sunnybank House, Brenda Organ, age 89, requested a trip to Marwell Zoo where her late husband, Ron, had worked in the gardens for many years.**

His ashes were scattered at the Zoo when he passed away eight years ago and a plaque and a tree stand there in his honour.

Hayley Gibbons, General Manager, said, "Brenda and Ron were married for 32 years and would have been celebrating their 40th wedding anniversary this year. We were delighted to arrange a minibus trip so Brenda could visit the place that was so special for her husband, pay her respects at Ron's plaque and enjoy a day out at the Zoo with other residents."

"We had a lovely day out and I thoroughly enjoyed it," said Brenda.

It meant a lot to me to have the opportunity to go back to the Zoo and to see my husband's plaque."

"Sprinkle of Cinnamon is a great example of Cinnamon Care Collection's ethos of going the extra mile for our residents," explained Hayley. "Creating memorable days gives so much pleasure to our residents and reflects our aim of helping older people to live happier and more fulfilled lives."



# Smashing Summer Fête

Wellington Vale hosted an outstanding summer fête this year with residents and their families enjoying entertainment from the talented singer Paul Nicholas and a local ukulele band.

Hundreds of local people attended including previous respite residents and their families. Inside, there were a variety of stalls offering home-made soaps designed by residents,

hand massages, face-painting, children's games and a sweet cart. The ice-cream parlour had a queue of eager customers stretching out of the door.



## CENTENARY SURPRISE

Hartwood House resident Vera Fulcher celebrated her 100th birthday recently with a surprise party organised by her family.

Everyone made every effort to make Vera feel special on her 100th birthday. Wenda Harvey, Care Team Leader, helped to

style Vera's hair in the home's salon. Nancy Hall De Vuyst, Activities Co-ordinator, made Vera a certificate commemorating other events from the date of her birth in 1919.

The party began with a FaceTime chat with Vera's grandson and family in Australia, a first for Vera, and later she was presented with a birthday card from Her Majesty The Queen.

Moira Baxter, General Manager, said, "Vera's surprise was evident when she was brought into our Sun Lounge to see her family all gathered there to celebrate with her – it was a fantastic day for us all."



DONKEY RIDES



Outside, the Catering team provided a tasty BBQ while volunteers and carers facilitated a bouncy castle, water gun games and other varieties of outside fun including rides on some donkeys who had travelled over especially on the ferry from the Isle of Wight.

## MEWS-IC FESTIVAL!

Cedar Mews recently held its first music festival and the team hope it will become an annual event. A variety of tuneful acts entertained the audience, including several songbirds from the Cedar Mews team, and the finale from the award-winning vocal group The Tenors was deemed to be 'spine-tingling'. "It was an amazing day," said Ben Dalgetty, Home Admissions Advisor, "and we raised over £500 for local charities as well."





# NEW MARQUEE *creates* SOCIAL WHIRL

The team at Burcot Grange & The Lodge spent the summer in a social whirl after the delivery of their brand new marquee.

The first event held in it was a Teddy Bears' Picnic, which was a huge success. Sixty children attended from local nurseries and playgroups, accompanied by their teachers and parents who were overwhelmed by Burcot's beautiful spacious grounds. Everyone took home a present of some bear-shaped Burcot shortbread.

An Open House event followed with visitors touring both Burcot Grange and The Lodge. It resulted in a potential permanent resident for The Lodge and a pre-admission assessment for respite care.

A Pink Ladies Luncheon came next which raised £1,000 for Breast Cancer Awareness. Just before the lunch was due to start, the heavens opened and the Burcot team pulled out the stops to move everything from the marquee into The Lodge. The influential ladies who attend

this luncheon on a regular basis had not known about The Lodge and were so impressed with it that they plan to return at Christmas.

A Summer Garden Party followed with 350 guests attending for afternoon tea, live music, activities and a raffle. It raised £630 for the Alzheimer's Society, Acorns Children's Hospice and Primrose Hospice.

## An evening of remembrance

Their new marquee also hosted a more solemn event, an evening of remembrance for Cath Elliot, a well-known popular GP. Forty-five local people attended to pay their respects and celebrate her life.

Finally, the Burcot team had the opportunity to enjoy their marquee themselves at a team party which included a hog roast, a few drinks and a disco. It was a fitting reward for all their hard work.



# Keeping cool when the heat is on

Penny Hammond at Rectory Court recently received the kind of call that no General Manager would ever want. Administrator Nancy Johnson reported that the home was on fire.



Penny Hammond

Two fire engines and a host of firefighters were already on site dealing with the fire, which was in the ground floor kitchenette. Fortunately, no residents were at risk and there was no need to evacuate the home.

"The journey to the home seemed to take forever," said Penny. "However, when I arrived, there was a reassuring sense of calm. While the Care team – Leyla, Zahir, Ijoma, Rachel and Anthony – were going about their business caring for our residents, our Housekeeper, Olga, was mopping up water as fast as she could; it was about two inches deep. Mark, our Maintenance Assistant, had come in to help the fire investigator."

The lights had fused and there was no electrical power in the laundry or kitchen but Chef Creston McKenzie and Kitchen Assistant Marie Williams doggedly prepared the supper at the same time as mopping up water. They simply asked if they could delay supper until 6.30pm.

"No one would ever know that there had been a potentially dangerous situation," said Penny. "It was one of those moments when you realise just how good our team is and how committed they are to ensuring that our residents feel safe and get the care they need. Everyone on duty did their bit and the only impact on the service was a change to where they served the meals. My thanks to them all and to Rob Burcher."

"What could have been a disaster was a minor hiccup and evidence that great teamwork is so important."



Rectory team members stay cool

# Forget-me-not walk

Wellington Vale team members took part in a Memory Walk last month to raise funds and awareness for the Alzheimer's Society. Residents made posters to advertise the walk and handmade forget-me-not flowers to decorate the walkers' Wellington boots. They raised over £630 for this important charity.

Rivermede Court's General Manager, Libby Barrett, and Home Admissions Advisor Sandra Patrico, Team Leader Phoenix Tregunna and Administrator Leanne Morgan, also took part in a Memory Walk in Windsor recently. They raised over £500 for the Alzheimer's Society. Congratulations to both teams on a magnificent effort.



## TRICK and TREAT

Wellington Vale welcomed little guests from nearby Acorn Nursey School to its annual Halloween Party last month.

A magnificent magician provided terrific tricks and treats included a face-painter and fun with arts and crafts. Team members competed for prizes for the Best Hallowe'en Costume and the Most Creative Carved Pumpkin. It was a spirited occasion indeed.



# A MORNING AT MANORCROFT SCHOOL

As the poet T.S. Eliot memorably pointed out, naming things can be a difficult matter. That is why Libby Barrett, General Manager of Rivermede Court in Esher, Surrey, sought some help from nearby Manorcroft Primary School.



Seventy-five children entered a competition to name the three Rivermede communities. Their suggested names were drawn from local history, people, geography or nature.

Libby announced the winners in morning assembly last month. Each winner was invited with their families to Rivermede Court's VIP Day where they will see their winning names written on each floor. Libby also presented the school with a £150 book token to thank them for taking part.

The winning names are:

**Ground floor:** William

Blackstone Community

**First floor:** King John Community

**Second floor:** Sydney Oliver Community

Libby and the Rivermede Court team are looking forward to future projects with the children of Manorcroft School.

## Children contribute

Burcot Lodge also held a competition at Blackwell Trust School for pupils to design pictures and contribute names for its four lounges. The residents at Burcot Lodge were delighted when the children visited with their headteacher to present their drawings.



## IT'S a DOG'S LIFE!

**Debora Fitton, Home Admissions Advisor at Wellington Vale, has a secret. She shows dogs as a hobby and recently returned from a trip to Europe where her German Pinscher, Anja, won the International Champion title.**

Debora fell in love with this rare breed over 15 years ago and started showing her two dogs as a hobby because she was seeking additional socialisation and training for them. Her hobby has led her to support charity shows as well as Crufts and international dog shows.

"Tala was awarded Top Puppy in her breed at Crufts in 2015. Anja, my three-year-old black and tan female

is currently an Irish and a Dutch champion. We recently exhibited in Belgium where Anja gained her fourth international award. I am so proud of our achievements."

Debora and the Activities team are planning a Wellington Vale Dog Show in the spring. "I look forward to promoting it and raising funds for a worthy cause. Anja might even make a guest appearance!"



# ARE YOU FLU SAFE?

Flu season is upon us again and Cinnamon Care Collection would like to support team members in getting vaccinated.

If you wish to have the flu vaccine, please make an appointment at your local pharmacy. You can book online at Boots or in store at the pharmacies in Asda, Tesco or Sainsbury's supermarkets.

Please keep your receipt. If you take it to your home administrator, he or she will ensure that you are fully reimbursed. The usual cost is between £8 and £13.

**Don't spread flu to your residents and colleagues. Get the jab!**



## Coming soon...

Some diary dates that you could include in your activities.

### November

1 Nov-3 Dec	Cricket - England tour of New Zealand.
2	Rugby Union - World Cup final, Yokohama.
5	Remember, remember – it's Guy Fawkes' Night.
10	Remembrance Sunday. Lest we forget.
15	Do Your Thing for Children in Need. Inspiration and fundraising packs at <a href="http://www.bbcchildreninneed.co.uk">www.bbcchildreninneed.co.uk</a> .
16	Horseracing: Cheltenham Gold Cup.
19	International Men's Day.
24	Stir-up Sunday is the traditional day to make your Christmas pudding.
27 Nov-9 Dec	Snooker UK Championship, York.
30	St Andrew's Day Horseracing: Ladbrokes Trophy 2019, Newbury.

### December

3-10	Hanukkah (Chanukah), the Jewish Festival of Lights.
15	London's Pantomime Horse Grand National, Greenwich – see <a href="http://www.pantohorserace.org">www.pantohorserace.org</a> .
17 Dec-16 Feb	Cricket: England tour of South Africa.
21	Winter solstice is the shortest day.
24	Christmas Eve. Festival of Nine Lessons and Carols from King's College, Cambridge.
25	We wish you a Merry Christmas!
26	Boxing Day. Horseracing: King George VI Chase, Kempton.
31	New Year's Eve and Hogmanay.

### January 2020

1	Happy New Year!
1-31	Calling all ginthusiasts – Gin-uary is here.
2	You Make the Difference Award 2020 – closing date for nominations for the third quarter.
5	Twelfth Night – take down your Christmas decorations.
18	Winnie-the-Pooh Day marks A. A. Milne's birthday.
25	Burns Night celebrates Scottish bard Robert Burns. Chinese New Year is the Year of the Rat.